

Registration

Please Register by July 9

Registration Fee:

\$20.00 for one camper

\$25.00 for two campers

\$30.00 for three or more per
immediate family

It is not necessary to have been associated with Putnam County Hospice for your child(ren) to participate in camp.

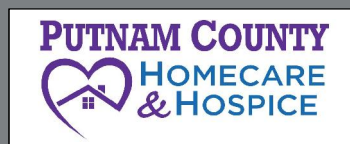
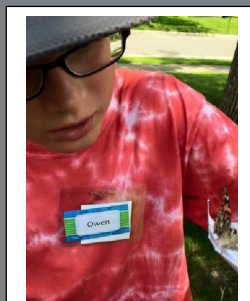
No one will be turned away for the inability to pay...scholarships are available.

For information and to register your child(ren), please call:

419-523-4449

Sponsored by:

Putnam County HomeCare & Hospice
Trinity United Methodist Church
Putnam County Education Service Center
Pathways Counseling Center
Putnam County YMCA
The 'Mindy Lauf' Golf Outing
The Mark "Woody" Klear Family
Kiwanis Club of Ottawa
First Federal Bank
Ottawa Glandorf Running Club
Knueven Family Christmas



Putnam County HomeCare & Hospice Good Grief Fun Camp

575 O-G Rd Suite 3
PO Box 312
Ottawa, OH 45875
www.pchh.net

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419-523-4449
Fax: 419-523-6328

Good Grief Fun Camp



This camp is for children, adolescents and teenagers (ages 5-18) who are grieving the death of a loved family member or friend. Trained counselors provide a fun and comforting atmosphere that enables children to feel safe in expressing their emotions. Through many creative activities, they will have opportunities to share their sorrow and memories of their loved ones while creating new friendships.

July 16, 17, & 18 2019
9:00 am to 3:00 pm

Trinity United Methodist Church
137 N Pratt St
Ottawa, OH 45875
Handicap Accessible

Children and Grief

Children experience grief just as much as adults do. To help them cope with the loss of loved ones, it is important to provide a safe, secure environment where they feel comfortable in expressing emotions that can range from sadness to anger and fear.

Many children find it helpful to talk with someone whom they can trust. Children will often talk about their experience of loss for a short time and then return to another activity. It is crucial to let them talk when they need to and not force them to communicate or express themselves in a way that is not comfortable for them. It is essential to let them know you are listening to them while they are sharing their feelings, fears and concerns.



Why Camp is Important

Camp is important because it specifically addresses the children's needs. We are dedicated to creating a comfort zone that helps them raise their concerns, questions, and feelings at their own pace. Oftentimes, children find the freedom to express their emotions more easily while interacting with their peers who have also experienced loss.

Some Activities include:

- Making Stepping Stones
- Designing Tie Dye Shirts
- Playing Trust Games
- Taking Nature Hikes
- Riding Horses
- Swimming at the YMCA
- Pizza/Birthday party
- Butterfly Release

Just to name a few!!



Camp Comments from Children & Parents

"I loved the tie-dyed shirts this year, the swimming was fun and the people are so friendly and helpful."

"Our son is now really able to talk more about things and ask questions."

"She was more vocal about her feelings toward God."

"She felt good knowing there were other girls going through the same thing."

"Thank you so much to you and your "crew" for all they did to make the "Grief Camp" a success. My children had a great time and I was able to learn from them."

